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TWENTY FOUR YEARS OF RUNNIN' OF THE GREEN!

ISU INSURANCE PRESENTS



Sunday, March 11, 2012

10:15 a.m. at 17th and Wazee, LoDo
McCormick's Fish House & Bar

Benefiting Volunteers of America

**Voted best post-race party and race of the
year by Colorado Runner Magazine!**

WHEN

SUNDAY, MARCH 11, 2012

Lucky 7K

10:15 am **Sharp!** at 17th Street and Wazee,
LoDo - **RAIN, SNOW OR SHINE!**

**Daylight Savings Time
starts Race Day,
March 11!**

GREEN FEES

New Year early deal through Groundhogs Day <i>Special early registration</i>	\$30.00
Feb 3 thru March 2nd <i>Reserved registration to 7000 runners</i>	\$35.00
March 3rd thru March 10th <i>Space available basis course limit 7000</i>	\$40.00
Race day	\$45.00

New this Year: Your bib is the timing device - do not lose it! Bib Replacement fee \$5.00.

SIGN-UP ON THE INTERNET

Sign up at www.rotg.org now through 3:00 pm, March 9th. Avoid the rush on race day! Pick up your registration at Runner's Roost stores the Saturday before the race or you may pick up your bib timing chip on race morning at 18th and Wazee near the staging area from 7:30 am - 9:30 am.* **New this year:** Have your race bib personalized with your first name. Must register by March 4th to have your first name on your bib.

SIGN-UP BY MAIL

Fill out the entry form on the other side of this brochure and mail with your completed check to: ROTG, c/o Hallucination Sports, 9786 S. Holland Street, Littleton, CO 80127. Entry Form must be received by March 1st. If you signed up by mail, or internet, you may pick up your bib at Runners Roost, Colorado Blvd. on Saturday, March 10th between 10 am - 4 pm.* If you are unable to pick up on Saturday, your packet will be available for you on race morning beginning at 7:30 am at the Block Party staging area at 18th and Wazee. **New this year:** Have your race bib personalized with your first name. Must be received in our mail by March 2nd to have your first name on your bib.

* For Registrants after March 6th, shirts will be available on a first come, first served basis. Shirts will arrive after March 15th at Runner's Roost on Colorado Blvd.

Are you interested in buying a finish line booth for your product or organization?

For more information, contact Terry McGrath at 303.322.9342 or email terrster@aol.com. Check website for news and specials.

BIB AND TSHIRT PICKUP OPTIONS

If you signed up via the internet or mail, you may pick up your bib or early in person and timing chip at Runners Roost on Colorado Blvd. on Saturday, March 10th between 10 am and 4 pm. If you are unable to pick up on Saturday, your packet will be available for you on race morning beginning at 7:30 am at the Block Party staging area at 18th and Wazee. Please come early to insure your pick up before close of registration.

RACEDAY TIMELINE

7:30-9:30 am	Race Day Registration <i>Registration and packet pick up will close for all events at 9:30 am Sharp! No exceptions!</i>
10:14 am	Wheelchair participants start
10:15 am	All Runners - Staged Corral Starts by time <i>(Pets and strollers mandatory last wave)</i>
10:30 am	All 7K Walkers
10:35 am	Leprechaun Leap - not timed All 2 mile Walkers/Runners (untimed)

**Please make sure to line up for your appropriate event.
Safety Reminder: All dogs and strollers in last corral.
NO REFUNDS, NO EXCEPTIONS!**

Back this Year: A half distance walk/run (approximately 2 miles) called the "Leprechaun Leap." This walk/run will not be timed.

FREE METER PARKING

On Sunday, street metered parking is free! You can also park in one of the lots in the area or park uptown and take the 16th Street Shuttle down to LoDo.
OR GO GREEN! You can take light rail or RTD right to the race area.

You can pickup your Race tshirts at the Block Party staging area at 18th and Wazee.

**Start your day with a free Yoga class!
Oxford Hotel Ballroom 8 am
Limit 30 people. Visit rotg.org and sign up. It's FREE!**

Volunteers of America
2660 Larimer Street
Denver, CO 80205



*Scan with smartphone
for instant registration*

AWARDS

We will mail awards to the top three male and female finishers of all races. From Runners Roost: Top three male and female finishers in all age groups receive gift certificates from Runners Roost.

RESULTS

Complete results will be available on the Internet immediately after the event. See link on ROTG.org.

AMAZING URBAN 7K COURSE IN LODO

Check the website for preview run map.

VOLUNTEERS NEEDED

We need dedicated, fun people to help make this the greatest race ever! All positions are available. No experience necessary.

As a volunteer, you will receive the same festive 100% cotton T-shirt that the runners receive. If you wish to volunteer, please call Volunteers of America at 303-297-0408.

A PORTION OF THE PROCEEDS BENEFIT VOLUNTEERS OF AMERICA

Every day in the greater metro area, over 2,000 homebound elderly persons wait anxiously for their hot lunchtime meal delivered through **Volunteers of America's Meals on Wheels**. The knock on the door, the cheerful greeting from a caring volunteer will often be the only human contact for many of these seniors.

By participating in the **Runnin' of the Green!**, you will be helping those families and individuals that receive services from Volunteers of America. The frail elderly, the homeless, preschool children and women escaping domestic violence. All will benefit from your participation.

How your donation will help:

- \$40 pays for two weeks of Meals on Wheels
- \$30 pays for one night stay for a woman and her children escaping domestic violence at the VOA Brandon Center.

we feed. we shelter. we support.



we care

Like us on Facebook and be entered to win \$100.00 Gift Certificate from Runner's Roost!



SPECIAL THANKS TO OUR SPONSORS

Special thanks to the Oxford Hotel, the City and County of Denver and the Denver Police Department.

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Qualimage Commercial Printing

JOIN US FOR THE BEST POST-RACE BLOCK PARTY!

- Enjoy Irish music by The Potcheen Band
- Reed Irish Dancers
- Killian's Beer from Coors
- Corned Beef and Bagels from Shamrock Foods
- Colorado Youth Pipe Band

NO ID, NO BEER!

Calling all Artists! If you are interested in submitting your Runnin' of the Green artwork for next year's event/tshirt design, please contact kevinfitzgerald55@gmail.com.

24TH ANNUAL ENTRY FORM

MAKE A DONATION to Volunteers of America's Meals on Wheels.

I would like to add to my registration fee \$_____.

Photocopies are acceptable. Make checks payable to: ROTG. We must receive your registration form by March 1, 2011. Mail with your payment to the following address **only**: "ROTG", c/o BKB Ltd., P.O. Box 4184, Englewood, CO 80155-4184. If you register online or by mail, pick up your bib and timing ankle chip on Saturday, March 11, from 10 am to 4 pm at Runners Roost on Colorado Blvd. or near 18th and Wazee on raceday beginning at 7:30 am. There is a \$30 charge for unreturned chips.

SUNDAY, MARCH 11, 2012 • 10:15 AM SHARP! • LUCKY 7K

Start Times: Check one box - Mandatory.
(You must participate in the wave you sign up for or risk not being scored correctly.)

SNOW, RAIN OR SHINE. ALL FEES ARE NON-REFUNDABLE.

Register Early!
Course Limit: 7000

- 10:14am Wheelchair participants start
- 10:15am 7K Run (timed)
- 10:30am All 7K Walkers, 3 waves
- 10:35am 2 mile Walkers/Runners (Leprechaun Leap)

For the safety of all our participants, all pets and strollers start in a separate wave.

Age _____ Male Female

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

(No information is sold or traded or used for marketing purposes.)

T-Shirt Size (100% Cotton): S M L XL XXL (additional \$5)
 Long Sleeve (additional \$10)

Jan 1st to Groundhog Day: \$30.00

Special Early Registration

Feb 3 to Mar 2: \$35.00

Reserved Registration

Mar 3 through Mar 10: \$40.00

On Race Day \$45.00

Volunteers of America Donation

TOTAL ENCLOSED

All fees are non-refundable.

Your bib is the timing device do not lose Bib Replacement fee \$5.00

SIGN UP IN PERSON O P E N N O W

Fill out entry form completely and take it, beginning at Noon, Saturday, February 11, 2011 to any of the locations listed below. Please note each location's sign-up dates. Copies are acceptable.*

- 'Til 12noon March 10 Runner's Roost: 1685 S. Colorado Blvd., Unit J 303-759-8455
- 'Til 3:00pm March 9 Runner's Roost: 6554 S. Parker Rd at Arapahoe 303-766-3411
- Runner's Roost, 437 S. Wadsworth, Unit B, Lakewood 303-991-1851

Runner's Roost: Louisville • Boulder • Colorado Springs

Please Read and Sign the waiver below:

In consideration of you accepting my entry in Runnin' of the Green!, I, intending to be bound for myself, my heirs, executors, and administrators, do hereby release and discharge all race sponsors and officials from any and all liability arising from illness, injuries and damages I may suffer as a result of participating in the event, i.e., Runnin' of the Green! I also understand and agree that a race sponsor may certify my compliance by my signature below. I also understand that the entry fees I pay are non-refundable.

Signature _____ (Parent/Guardian must sign if entrant is under 18 years of age)

*** FOR REGISTRANTS AFTER MARCH 6TH, SHIRTS WILL BE AVAILABLE ON A FIRST COME, FIRST SERVED BASIS. SHIRTS WILL ARRIVE AFTER MARCH 17TH AT RUNNER'S ROOST ON COLORADO BLVD.**

FOR YOUR SAFETY, EMERGENCIES AND BEER CONSUMPTION PLEASE CARRY YOUR ID!